

Our greatest fear is not that we are inadequate,
but that we are powerful beyond measure.

It is our light, not our darkness, that frightens us.
We ask ourselves, who am I to be brilliant, gorgeous,
handsome, talented, and fabulous?

Actually, who are you not to be?

You are a child of God.
Your playing small does not serve the world.
There is nothing enlightened about shrinking so that
other people won't feel insecure around you.
We were born to make manifest the glory of God within us.
It is not just in some; it is in everyone.
And, as we let our own light shine,
we unconsciously give other people permission to do the
same.

As we are liberated from our fear,
our presence automatically liberates others.